



Hey, Orson, I didn't know you were into skiing.  
*Usually I'm not, but I thought I would try it out this year.*  
Good for you! Skiing is a great way to enjoy the great outdoors, especially here in Upstate New York with several nearby ski areas. Skiing offers you terrific exercise, too!  
*I don't care about any of that stuff. I heard there are lots of "ski bunnies" on the slopes. I hope to catch one for dinner.*  
Oh, Orson....  
*What..?!? I keep telling you: this owl's gotta eat!*

### Make some New Year's Resolutions:

**Properly recycle** – make sure you know what is and is not recyclable. Used coffee cups and lids and cold cups and lids go in landfill trash. Don't empty liquids – **or ice!** – into either landfill trash or recycling bins. Dump remaining liquids into bathroom or kitchen sinks before disposing of the cups.

**Reduce food waste** – in the Dining Hall, take only smaller servings at one time to make sure you like the food item and eat more slowly to allow your stomach to catch up. You can always go back for seconds.

**Compost properly** – used paper napkins **are** compostable along with any food scraps. But beverage cartons, salad dressing and condiment packets, plastic cups, or plastic eating utensils are not compostable. Put all these items in the landfill trash bin instead.

### Installments

are produced as a community service by the  
**Wells Center for Sustainability  
and the Environment.**

*Arrive curious ∴ Graduate prepared.*

Did we "getcha" with a **GOTCHA** card? Make sure you redeem your Fall GOTCHAs at the GRIND Café before December 18<sup>th</sup>. New GOTCHAs will be "out" for the Spring semester. Make another resolution to carry and **USE** your reusable beverage container in 2022. Remember, you also get a discount on GRIND beverages when you present your own mug.

Another word about **automatic door openers**: it was pointed out that there may be reasons other than mobility impairments why folks use these assistance devices. If you need to use the auto-openers **for any reason** – please do. If you **don't** need to use them, please think twice.

While the hand dryers in many buildings remain off-line due to COVID, try this technique to reduce your use of paper towels. You really **can** use just one paper towel. Try the **Shake and Fold** method: After washing your hands thoroughly (rubbing wet hands together under running water for 20 seconds), turn off the water, then shake your hands vigorously 12 times over the sink. Fold a single paper towel over and pat your hands dry. Try it! It works!



**"Installment"** is a double play on words: these informational mini-newsletters are placed inside bathroom cubicles (**"in stalls"**) and the content changes in monthly **"installments"**.  
**Get it? Got it? Good!**



Tired of those warm(er) weather clothes filling your closet or dresser drawers? Not likely to wear them again next season? Feel free to drop them off in your laundry room drop box or bring them to the **Bargain Basement** in Main; we will recycle them for you over break.

Get your residence hall room or office ready for the long holiday break; prepare to leave by:

- ★ Close and lock your windows; lower shades.

- ★ Turn off and **unplug** all appliances and electrical devices; switch off power strips. Reduce energy waste!

- ★ Empty your fridge, unplug it, and leave the door propped open to allow the interior to air out and dry completely, preventing mold.

- ★ Empty trash and recycling containers.

What to do with all those unopened but perishable food items you emptied out of your refrigerator? Donate them – and still-good non-perishable food or unused toiletries - to the campus Food Pantry in Main Building.

Have unused school supplies you find you don't need at the end of the semester? Donate them to the **RUMPUS Room** in Macmillan 111A. When you prepare for Spring classes, check RUMPUS first for needed school supplies before buying new! **HAPPY HOLIDAYS!**

