

Emily Adams
Sr. Sustainability Lead
Corporate Affairs



Emily Adams joined MetLife's Global Sustainability Team in 2014. The MetLife Sustainability Team is responsible for all of the company's corporate responsibility programs, including climate change and environmental stewardship efforts.

Emily leads MetLife's global environmental employee engagement program "Our Green Impact", in which over 10,000 associates from over 30 countries participated in 2019. This includes oversight and implementation of the Corporate Green Team program, Earth Day celebrations, the virtual expert Speaker Series, the online Our Green Impact community, and MetLife's annual EcoChallenge, a two-week team competition that rewards employees for making eco-friendly choices. Emily spearheads internal environmental communications, as well as external sustainability reporting, marketing and recognition efforts. Notable contributions include annual execution of the CDP Climate Change Investor Report, the National Association of Insurance Commissioners' Climate Risk Survey, and MetLife's annual Sustainability report.

Emily graduated from Colgate University with a bachelor's degree in Environmental Geography and studied environmental policy at the University of Wollongong in Australia.