



Orson, what are you doing out there on that branch?
Hey, I noticed that people put out free food all winter for their backyard birds. I thought if I dressed up like a cardinal, they would put out some food for ME, too.
 Well, I hope you like birdseed, Orson. That's the only edible item being served out there.
Wait... what? Birdseed?? Yuck! Where's the beef..?!?

"Installment" is a double play on words: these informational mini-newsletters are placed inside bathroom cubicles ("in stalls") and the content changes – in "installments."
 Get it? Got it? **Good!**

Give Wells the gift of energy savings!

Before you leave your room or office, take one last look around. Is any appliance or energy-using equipment still plugged in? Look for those colorful indicator lights. **Turn off** and **unplug** all machines. Many units will still draw power even when they are turned off if they remain plugged in.



Last call! Did we "getcha"? Redeem your Fall **GOTCHA** card – good for \$1.00 off a beverage at the Grind Café – before December 16. New **GOTCHA** cards will be issued for the Spring semester. Resolve to carry and use your reusable beverage container or mug – we just might "getcha" with a **GOTCHA**.

A tip to better regular your residence hall room temperature: instead of opening your window (which just signals the boiler to work even *harder*), open your door to allow warm air to circulate around the floor of your hall.



One last sustainable holiday idea: Try crafting unique holiday gifts or make homemade food treats for friends and family. Customizing a present for one you care about will mean more to both plus it can save you a **TON** of money.

Make some New Year's Resolutions:

Reduce food waste – During past "Weigh the Waste" activities in our dining hall, on average, each person generated over 3 ounces of wasted food each meal. This waste is from folks taking more than they can eat at one sitting or not liking what they took so not eating it, and then dumping uneaten food in the compost bin. **Think before you take.** Take small portions to taste and go back for more of the food you enjoy eating.

Compost all your food scraps including brown paper napkins. *Note:* plastic condiment cups and coated paper drink cartons or cups are **NOT** compostable. Put those in the trash container.

Reduce use of paper towels – You really **can** dry your hands with one paper towel. Use the **Shake and Fold** method: wash your hands, then shake them vigorously over the sink 12 times. Fold a single paper towel and pat your hands dry. Try it! It works!



Before you leave for Break:

Tired of those warm weather clothes cluttering up your closet or dresser drawers? Not likely to wear them again next year? Drop off **clean**, gently-used clothing in your laundry room drop box or bring them to the **Food & Freebie** free reuse room in Main for recycling. Think too about donating non-perishable food items you aren't going to eat before you leave. Help out others who can't go home for all or part of the break.



We remind you to do the following to prepare your residence hall room or office space for the break period:



- ❖ Close and lock your window and close shades.
- ❖ Give your refrigerator a chance to dry out to prevent mildew. Empty and unplug your fridge and prop the door open.
- ❖ Eat or toss any food that could go bad over break.
- ❖ Remove all perishable food items.
- ❖ Empty your trash and recycling bins in the proper waste station receptacles.
- ❖ Turn off all lights and lock your door.



Installments

are produced as a community service by the
Wells Center for Sustainability
 and the **Environment.**

Arrive curious ✧ Graduate prepared.