

Four-Year Health Professions Advising Plan

Students Interested in Medical, Dental, Veterinary, Pharmacy School and other Allied Health Professions

Freshman Year

- Focus on classes and earn high academic grades
- Register with Experiential Learning and Career Services to receive e-newsletters and program information
- Get to know your health professions advisors and take advantage of them to get your questions answered
- Participate in Health Professions Advising activities and programs
- Complete a January Intersession internship experience to explore possible health career areas

Sophomore Year

- Focus on classes and earn high academic grades
- Take challenging courses to begin preparing you for your health career
- Meet with health professions advisors to discuss academic and extracurricular interests
- Explore related health professions that might also interest you (*internships are a great way to do this*)
- Attend graduate and professional school workshops
- Research internship, job shadowing, and mentoring opportunities
- Participate in an internship, job shadowing, and mentoring opportunities
- Attend local graduate school fairs
- Take a practice Medical College Admission Test (MCAT) or General Record Exam (GRE) at the end of your sophomore year

Junior Year

- Meet with health professions advisor to discuss the admission process and timeline
- Attend campus visits by health school admission representatives and other speakers
- Attend graduate and professional school workshops and fairs
- Pursue internship, job shadowing, and mentoring opportunities
- Participate in an internship, job shadowing, and mentoring opportunities
- Register for the MCAT or GRE
- Take MCAT or GRE during summer after junior year
- Prepare draft of personal statement after taking MCAT or GRE
- Research health profession schools and financial aid opportunities

Senior Year

- Meet with a health professions advisor to discuss MCAT/GRE results, list of graduate/professional schools to apply, and personal statement
- Revise and complete personal statement
- Order transcripts from all universities attended for submission
- Request all letters of recommendation
- Attend graduate and professional school workshops and fairs
- Strive to complete applications by mid September for Veterinary Schools and November 1 for all other graduate/professional schools
- Apply for financial aid
- Pay seat deposit by deadline
- Notify the Office of Experiential Learning and Career Services of schools where you are admitted and will matriculate